



PRECISION MARTIAL ARTS ACADEMY

Unit 105, 15 Circle Drive, St. Albert, Alberta, Canada, T8N-3Y7
 P. (780) 544-9931 F. (780) 544-9930 W. www.pmaa.ca E. info@pmaa.ca



WORLD TAEKWONDO

Fitness • Lifestyle • Self-defense • Sport

CLASS SCHEDULE

(September 1st, 2020)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 a.m. to 4:30 p.m. Private Training w/Master Sadler (By Appointment Only! In Person or Zoom)	8:00 a.m. to 4:30 p.m. Private Training w/Master Sadler (By Appointment Only! In Person or Zoom)	8:00 a.m. to 4:30 p.m. Private Training w/Master Sadler (By Appointment Only! In Person or Zoom)	8:00 a.m. to 4:30 p.m. Private Training w/Master Sadler (By Appointment Only! In Person or Zoom)	8:00 a.m. to 4:30 p.m. Private Training w/Master Sadler (By Appointment Only! In Person or Zoom)
5:00 to 5:55 p.m. CHILDREN (White to Blue Stripe)	4:40 to 5:20 p.m. LIL' PANTHERS (Ages 3.5 to 5)	5:00 to 5:55 p.m. CHILDREN (White to Blue Stripe)	4:40 to 5:20 p.m. LIL' PANTHERS (Ages 3.5 to 5)	
6:05 to 7:00 p.m. CHILDREN (Blue to JBB)	5:30 to 6:25 p.m. CHILDREN OPEN (All Belts)	6:05 to 7:00 p.m. CHILDREN (Blue to JBB)	5:30 to 6:25 p.m. CHILDREN OPEN (All Belts)	6:05 to 7:00 p.m. CHILDREN OPEN (All Belts)
7:15 to 8:25 p.m. JR / ADULT OPEN	6:40 to 7:50 p.m. FAMILY CLASS	7:15 to 8:25 p.m. JR / ADULT OPEN	6:40 to 7:50 p.m. JR / ADULT OPEN	7:15 to 8:25 p.m. JR / ADULT OPEN

DUE TO COVID-19 and to ENSURE FAIRNESS to ALL PMAA STUDENTS:

- MUST NOW PRE-REGISTER to BOOK YOUR CLASSES! NO DROP-INS!
- NO MORE THAN 3 CLASSES PER WEEK / PER STUDENT!
- PARENTS MUST DROP OFF AND PICKUP. NO RECEPTION OR VIEWING ROOM ACCESS AT THIS TIME!

