

SPARRING & PROMOTION TEST CALENDAR

MAY 2018

Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5
7	8 S	9	10	11	12
14	15	16 S	17	18	19 X
21 X	22	23	24 S	25	26 X-PT
28 S	29 S	30	31		

JUNE 2018

Mon	Tue	Wed	Thu	Fri	Sat
				1	2 X-BB
4	5	6	7	8 S	9
11 S	12	13	14 S	15	16
18	19 S	20 S	21	22	23
25	26	27	28	29	30 X

PLEASE NOTE... PARENTS & STUDENTS!

- Class schedule may change without notice to accommodate student' needs as deemed necessary by Instructors! Please visit www.pmaa.ca for all official events, class cancellations and schedules!
- Do not be late for class! Parents / Students must phone PMAA at 780-544-9931 if going to be late (within reason).
- ALL STUDENTS are required to bring safety equipment (sparring gear) on ALL "S" Nights for class participation. Students will not be permitted to participate if safety equipment is not readily accessible! This will be strictly enforced!

Safety Equipment Checklist: See reverse side for pricing.

- Head Gear Chest Protector Fist & Forearm Guards Shin & Instep Guards Groin Guard
- *Mouth Guard (**Must be fitted/molded properly... see insert in case for molding directions. Best is a dentist mold especially if students have braces or special mouth/teeth concerns).*)